



Switzerland



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The Firebird is a stage (platform) that offers valuable projects with the aim of developing a meaningful, continuously growing and sustainable relationship between man and nature. These are the values with which we founded the Firebird 20 years ago and which are still important and dear to our hearts today.

Vitality - We encourage each other and deal with each other in a way that makes everyone feel at home. **Heartbreaking** - Let your heart be touched by the many offers and by the people. **Pause for thought / mindfulness** - We invite you to slow down a gear, become calm, open your senses and let yourself in. **Nature Trail** - We use natural materials & leave only natural traces. **Elemental** - The elements - fire, water, earth, air - are the basis of all events.



Switzerland



Didier Moser



Christoph Lang

Christoph Lang

Co-founder of the Feuervogel cooperative. Project developer and future thinker in firebird. He lives his life rhythm in the firebird and as an aikido teacher (3rd Dan Aikido) for children and adults.

The deep contact to nature does not let his life rhythm fade away so that he can use it for the forest children's movement in Switzerland and beyond. His purpose is to promote the growth of the inner forest in all of us on different levels.

Didier Moser

Co-founder of the Feuervogel cooperative. He is at home in the Swiss mountains and looks after the Schesaplana hut in summer as a hut warden. His specialist knowledge makes him an expert in bow making and an experienced project manager of nature projects for many years.



Life fire

"It must burn in me - what I will ignite in others" (Augustinus Aurelius)

Within ourselves glows the embers - which want to be rekindled. The eagerness to discover, which sprays from the glowing eyes of children, shows us again and again the warmth of the childlike embers, which are still so open for everything! Let us get involved in the intimate interplay of hand-heart and head - this also awakens a deep connection between us adults and what we do. Now our inner embers are nourished and enthusiasm, connectedness, passion, joy, devotion, interest, liveliness, sympathy, fascination and our commitment are "tinder" to ignite a fire out of the embers.

Nature people worldwide hand in hand - we burn for the work with the children outside in nature - let us make this enthusiasm and devotion visible! With united forces we let a large fire drill turn, in order to ignite with it the glow, which our festival fire needs, so that it flames, sparks and glows in the nightly evening! Come and let us burn our fire of life!



Sensing and awakening the rhythm of life

He lives deep inside us: our rhythm of life! Far too often we do not give him the space to build up and unfold his full energy. In the forest we give the children the chance to develop their energy and rhythm. For this we have to keep the framework so that everything is orderly and safe. This is how we usually keep our rhythm of life in check.

Now we awaken our life rhythm together and connect to a great woods-rhythm. We allow ourselves to let go of the thoughts of limitation and open ourselves to the flow of rhythms and feel how the individual rhythm can support the rhythm of the community. The deep joy within us is liberated and releases wonderful energies.

Tap-tap-tickedi-tumm - When you have contact to your life rhythm, energy flows to you, which invites joy, community, laughter and happiness into your life.

Come and let us awaken our life rhythm!